

2-2001

## Price Laboratory Newsletter, v11n6, February 2001

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## Price Laboratory School Mission

Code of Iowa states a "laboratory school shall mean a school operated by an education institution for the purposes of instructing students, training teachers and advancing teaching methods."

## Price Laboratory School fulfills this mission by:

- providing an excellent and innovative education for the Price Laboratory School children it serves from early childhood through grade twelve
- serving as an integral component of the teacher education program of the University of Northern Iowa
- engaging in scholarly work and service directed at advancing teaching practices, resources, and methods for teachers at state, national, and international levels

## About

PLS has been in existence since 1883 when it was first established as a model school by James C. Gilchrist (first principal of the Iowa State Normal School). Price Laboratory School is the only laboratory school in Iowa; however, PLS is one of approximately a hundred laboratory schools in the U.S., and 43 laboratory school/university partnerships internationally. PLS is one of fifteen Lab Schools in the country with a comprehensive K-12 program.

# Price Laboratory Newsletter

Price Laboratory School - University of Northern Iowa - February 2001, Vol. XI, No. 6

## February 2001 PLS Online Newsletter

**Editor:** Lynn Dykstra

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To submit an article for the PLS Online newsletter, please email attachments in Microsoft or ClarisWorks to [Lynn.Dykstra@uni.edu](mailto:Lynn.Dykstra@uni.edu). Parent input is welcome.

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# February Newsletter

## PLS to Represent the U.S. in International Student Forum of Cultures.

-Lee Weber

Over the next four years, a special opportunity awaits Price Laboratory School students of the graduating class of 2004. Members of that class will have an opportunity to represent their school, their state, and their nation in the Universal Forum of Cultures. This special international project, supported in part by the UNESCO organization of the United Nations, will bring together students and teachers from 15 schools across Europe, Africa, Canada, and Latin America. The common theme of all activities in the project is global citizenship. Price Laboratory School students will be the only representatives from the United States. In May of 2001, three PLS 9th graders will go to Brussels, Belgium as part of the first student conference. The concluding conference in Barcelona, May, 2004, will take place at the Olympic Village which hosted the Summer Olympics in 1996. Although plans for activities in 2002 and 2003 have not yet been finalized, there is hope that at least one other conference will be scheduled.

School participation will occur on many fronts. Each participating school will create a long-term global citizenship action project to work on during the entire four year project. In addition, students will conduct specific activities each year of the project. During the 2000-01 school year, three different global citizenship competitions will take place for students in the project schools. These include storytelling, photography, and comic strip creation. In addition, the students chosen to go to Brussels will participate in an original play, created by a prominent European playwright, specifically for the International Forum Project.

PLS participation was brought about through the efforts of Margaret Ishler, former UNI professor in the School of Education who heard of the International Forum of Cultures at an international conference in Europe. Dr. McConnaha represented Price Lab at the first planning meeting this past summer held in Barcelona, Spain when he recommended the Social Studies Department at PLS to spearhead the project.

Lee Weber, Chair of the PLS Social Studies Department and social studies faculty determined that each of its four full time faculty members supervise and oversee a different year of the project. This year's participation will be orchestrated by Mr. Paul Horton, who teaches 9th grade World History. Successive year projects will be developed by Ms. B.J. Herrick who teaches 10th Grade American History, Mr. Jason Follett who teaches 11th/12 grade electives in Social Studies, and Mr. Lee Weber, who teaches 12th grade American Government. It is hoped that each faculty member will be able to accompany a group of students to Europe.

A rigorous application process was developed by the social studies faculty to screen students who desired to participate. Each student was asked to create a Ring Binder Package which included the following elements: Application Form, Global Citizenship Essay, his/her individual competition project; two-three letters of reference, and a portfolio on the class-determined Global Citizen Action Project, "Children and War." Nineteen different students made applications. Each application package was reviewed by a panel made up of PLS social studies faculty, plus three outside reviewers. Six finalists were named to be interviewed. On Tuesday, December 19, Mr. Paul Horton, this year's project director, announced the winners: Ashley D., Nate H., and Devon L. A fourth student, Joe E., was named as an alternate. Other students will be able to represent PLS in future International Forum conferences.

For further information contact:

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Social Studies Department Chair  
Price Laboratory School  
University of Northern Iowa  
Cedar Falls, IA 50613-3593  
Phone: (319) 273-2056  
E-mail: lee.weber@uni.edu



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## Profile: Sharlene Morgan, Communication Center

-Heather Hooks



Sharlene Morgan became a member of the Price Laboratory School staff on December 5, 1978. On this date Sharlene became a special and important member of the unique team of employees that work in the Communication Center, that provides design and printing for students, faculty, and staff so well.

Sharlene's duties in the Communication Center keep her quite busy, but she loves every minute of it. "I really enjoy working with the people, the college students, and high school students," remarks Sharlene. As a Graphics Specialist I, Sharlene supervises eleven work study students from UNI, in printing post-production including lamination, collating and binding. In addition, she works with the rest of the design and printing team with public relations and internal marketing activities. Sharlene has been a devoted member of the PLS Mentoring Program for the past four years, and has helped co-coordinate the program for the past two years. The PLS Mentoring Program helps induct new faculty and staff to Price Lab School. New people are provided with two mentors (volunteers from the faculty and staff) to provide guidance and encouragement during their induction to Price Lab. Sharlene is also a member of the Greeter Program, established by Judy Vowell several years ago, to welcome students to school in the morning.

Sharlene graduated from Coe College in Cedar Rapids with a degree in History and Psychology. Before coming to PLS, she worked at Flower City. It was because of her work at Flower City that Mr. Paulson, former audio visual director, noticed Sharlene's talent in graphic design and introduced her to the Communication Center at PLS. From that day forth, Sharlene has been a friendly and welcome member of the staff that work in the Communication Center.

Sharlene has been a member of the Price Lab family for quite a long time. Her two children, Kelli and Joe, both attended school here. Sharlene is very thankful for the unique programs at PLS, especially because they helped her son, Joe, with his speaking and hearing problems. At PLS, Joe got the individual attention he needed, specifically with Lois Potter, who taught him how to tie his shoes. "I liked this school because it offered a great academic and athletics program for both Joe and Kelli." Sharlene married her husband Bill in 1965. Sharlene enjoys photography and making cookies with her grandson.

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## Building Equity Plan in Library

-Katheryn East

A copy of the Building Equity Plan is now available in the PLS library. The plan addresses the areas raised by the equity review report done at PLS several years ago. Each section describes the existing process within the school for one of the areas. Some of the areas addressed include: harassment, talent development, special education, students at risk, students with limited English proficiency, and the by laws of Education Equity Advisory Committee. If you have questions or curiosity about how these areas are being addressed at PLS please stop by and take a look at the plan. Any questions concerning the plan may be directed to Katheryn East (273.6789).



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## CPR Sunday

-Dody Olson

On Sunday, February 18, 2001, the American Red Cross Hawkeye Chapter will be sponsoring its seventh annual CPR Sunday. CPR Sunday will be held at the UNI Wellness and Recreation Center. The goal is to train as many people as possible in Adult CPR and Infant/Child CPR. CPR Sunday is conducted as a self paced course with participants progressing through different stations at their own speed. Scheduled groups of participants will start every hour beginning at 9:00 am with the last group starting at 4:00 pm.

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## National Geographic Society Bee

-Barbara Herrick

For the 13th year, the National Geographic Society is holding the National Geographic Bee for students in the fourth through eighth grades in thousand of schools across the nation. Malcolm Price Laboratory School Bee was held Friday, December 15, 2000 in the ICN Room on closed circuit television.

The qualifying students for each grade were:

**8th Grade:** Jennifer B., Jessica B., Ben B., Elena R.

**7th Grade:** Sarah C., Atulya I., Alexander R., Laurie R.

**6th Grade:** Dylan K., Sid M., Rhiannon T., Andy T.

**5th Grade:** Andrew B., Jeremy deG., Cole H., Dakota K.

**4th Grade:** Thomas C., Alex F., Alex L., Kenneth P.

The winner of the Malcolm Price Laboratory School Bee, Atulya I. will advance to the state level of competition, by taking a written examination. Written examinations will be evaluated by the National Geographic Society. The 100 highest scoring students will then participate in a State Bee to be held April 6, 2001. State winners then travel to Washington, D.C. for the National Bee. Its first prize is a \$25,000 college scholarship.

Runner-up is Andrew B., who will qualify for the State Bee in the event Atulya I. is unable to attend.

Contact: Barbara Jeanne Herrick, (319) 273-2347

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## Enrollment Information

-Judy Vowell

Administration will begin reviewing applications for new student enrollment (2001-2002) during the second week of February. If you know of a Cedar Falls family who is interested in PLS and may not have filed an application, have them contact Judy Vowell at 273-6136 to request a packet of information.

PLEASE NOTE: ALL ACCEPTANCE OF NEW STUDENTS IS DONE FROM APPLICATIONS - SIMPLY LIVING IN THE PLS ATTENDANCE AREA DOES NOT GUARANTEE CLASS PLACEMENT.

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# February Newsletter

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## Announcements

-John Krumbholz

Elementary conferences will be upon us before you know it. Please remember that elementary conferences are scheduled for March 1 and 2 with no classes for grades N/K – 5 on that day. Middle and High School classes will meet as scheduled on those dates.

In the past we have given parents an opportunity to request a specific teacher for their child for the following year. In most cases we have been able to honor these requests. At the present time it appears that our elementary staff will remain intact with no turnover. Keeping this in mind, I am asking for any request you might have to be turned in no later than April 13. During the late spring, teachers will be meeting to develop class lists for the following fall. They will take into account such factors as class size, racial and gender balance, individual student needs, and students that do not thrive in the presence of certain other students in deciding which students should go where. Whenever possible, they will take your personal request into account as well. Once these lists have been created I will be resistant to making any changes due to the domino effect even a single change can make. If you are interested in making such a request, I urge you not to delay. You can either bring your request to my office, e-mail me at [john.krumbholz@uni.edu](mailto:john.krumbholz@uni.edu), or discuss your wishes with your child's current teacher at our upcoming Parent/Teacher Conferences. Requests will be dated upon receipt and granted on a first come-first served basis when all other factors are considered.

Did you know that on the Service/Fitness day we had scheduled before Winter Break, we collected more than 400 lbs. of food for the Cedar Valley Food Pantry, over \$200.00 for the Salvation Army, and more than 75 toys for the Toys for Tots program? Special thanks goes out to Coach Phipps and the entire PE department for coordinating this effort and to all the students and their families that generously participated in these efforts. Great job – you make a Principal proud!!

The Endeavors Recognition Award will once again be awarded to a person or group from N.U. High School that has either volunteered or gone way beyond what their job requires of them to make a significant impact on our school and our school community. This award is given annually to each of the high schools in the metro area. If you have someone you feel is deserving of this award, you can get a nomination form from the Principal's office. Please don't delay – the deadline is February 9th, 2001.

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## Defiant Children Parent Training Classes

-Katheryn East

This spring, Kate McElligatt will again be teaching the Defiant Children Parent Training Classes developed by Dr. Russell Barkley through Area Education Agency 7.

The program targets parents of young children (ages 4 to 12) who have exhibited significantly defiant, oppositional behavior over a period of time. In her experience, it works best with the child age 4 to 9. The purpose of the program is to train parents to correctly manage the child's disobedience, using more effective monitoring, communication, rewards and consequences.

Sessions will be held on Mondays from 7:00 to 9:00 p.m. at Area Education Agency 7, beginning February 5 and ending April 2 (or April 9). Both parents and caretakers are urged to attend, and participants are expected to commit to attend all sessions. Class size will be limited.

Interested parents should call the Family Education Connection at 273-8265.



## MINUTES

### Parent Advisory Council December 5, 2000

At 7:00 p.m. on January 9, Chair Dick Colburn called the December meeting of the PAC to order. The proposed agenda was approved as amended.

The minutes of the November meeting were approved as corrected.

#### Old Business:

1. Wendell McConnaha presented to the PAC the methods of financing PLS and the Iowa Statutes relating to PLS funding. He also reported on efforts recently made to secure additional funds for TAG programs.
2. Dr. McConnaha advised the PAC that he would present to the PAC the results of the review of both the math and language arts programs at the February PAC meeting and the changes that will be made as a result of the reviews.
3. Searches will begin in February for the Secondary Principal and Middle School Language Arts/Social Studies positions.
4. The January 16 community advisory would be meeting would be the curriculum in K. — 12 Language Arts program and the changes that have occurred during the past two years. Parents interested in the Language Arts curriculum are encouraged to bring questions and concerns to either of the two meetings to be held on January 16 at 1:00-3:00 and again at 6:00-8:00.

#### New Business:

1. The matter of athletic team practices held during school breaks was discussed. Parents expressed concerns that required attendance unduly interfered family activities. Dr. McConnaha reviewed with the PAC the school policy and stated that he would discuss the matter with the Athletic Department.
2. The PLS policy concerning discipline of elementary students was discussed. Concern was expressed that the harassment policy was being abused. The PAC was advised that the matter would be discussed with the elementary faculty.
3. The Chair noted that the election of new PAC members would be held in April. Parents interested in being a member of the PAC are encouraged to contact Dr. McConnaha, John Krumbholz, Dick Colburn or any PAC member.

The meeting was adjourned at 8:20 p.m.



## PLS/NUHS PTP MEETING MINUTES - January 9, 2001

President, Teresa Findlay, called the meeting to order at 6:00 p.m. in the library

Minutes of the December meeting were read. A change was made to show the correct date for the carnival.

Treasurer's Report: Jean Wiesley reported a balance of \$9,512.41. Bills for American Education Week were paid.

A motion was made and approved for \$1,000.00 to be transferred to our print account at the communication center.

Malls4Schools update: The final standings were not in at the time of the meeting. We will share the results at the February meeting.

Box tops, HyVee receipts, Pepsi points for music: There is a box available in the lobby to drop off the points, box tops, and receipts.

Disbursement Committee: A committee of PTP members and AFPLS members met to establish guidelines for disbursing auction, carnival and AFPLS funds. A report will be published in the newsletter. Two disbursements will be made each year. The carnival money will be disbursed in the Fall. The auction and AFPLS money will be disbursed in the Spring. Those wishing to receive money from these disbursements need to fill out a written request, or make a request in person at a PTP meeting.

Lori Smith made a request for an upcoming physical education trip. Coach Smith has been asked to do a presentation on February 10 in Des Moines for a regional physical education conference. The conference involves nine states.

Coach Smith asked the PTP for funds to purchase t-shirts for the participants and to cover admission costs for the botanical center in Des Moines. A motion was made and seconded to approve a request for \$150.00.

Carnival update: The carnival will be Friday, March 30. Kathleen McKenna will be meeting with the committee chairs for the carnival on Monday, January 15 in the library.

The next meeting will be at 6:00 on Tuesday, February 6, in the library.

The meeting was adjourned at 7:00 p.m.

## Carnival's Coming !

-Teresa Findlay

**Mark your calendar for a fun-filled evening!**  
**Friday, March 30, 2001**

The theme for this year's carnival is "Panther Pride." Carnival is sponsored by PTP and is a fund raiser that benefits grades N/K - 12. Participation from parents and students from all grades helped make carnival a great success last year and we need you even more this year. If you would like to help with one of the following committees please contact Kathleen McKenna or the committee chairpersons:

Publicity - Susan Steffy  
Setup - Mary Jo Mallon  
Games - Teresa Findlay  
Concessions - Jean Wiesley Kathy McCombs 8th grade class  
Kid's Raffle - Denise Tallakson  
Raffle and Ticket sales - Steve Norby  
The Marketplace - Gina Harrington  
Store - Betsy Peterson, Kim Engels  
Book Sale - Terry Buck  
Decorations/ Entertainment - Teresa Findlay  
Carnival Games Ticket sales- ?  
Clean up - ?

The next carnival planning meeting will be February 6 at 5:00 p.m. in the PLS library.

We need the following donations:  
New items for the Kids Raffle - Things that kids would like. These items may be turned in to Denise Tallakson in Unit II.

New or gently used items for the Market place - These may be taken to your child's



classroom teacher.

Games – We need small, clear jars with lids (baby food or olive size jars). We will also be asking for donations for the Junk Food walk.

Donations may be taken to your child's classroom or to the PLS office.

Thank you for your help!

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## Update From PTP

### **malls4schools Program**

We won third place in the malls4schools program at College Square Mall! This means that PLS- PTP will receive \$1,500 from the College Square Mall program. This money will be included in the monies we will disperse with the Carnival funds in the fall. The program ended December 31, 2000. With your help we accumulated a great number of points. It was a tough competition! The mall has started this program over again with a new set of schools. We may have a chance to do this again in the future. Thank you for turning in your receipts!

### **Share The Joy With Music: Collect Pepsi Notes and Help Our School's Music Program!**

This is the fund raiser from Pepsi that we told you about a few months ago. I am just beginning to see these "Pepsi Notes" symbols on Pepsi products. Please help the Music Department by collecting Pepsi notes. These may be found on: 24 packs, 12 packs, 2 and 3 liter bottles, 24 oz. 6 packs and fountain cups. They may also be found on specially marked bags of Rold Gold Pretzels, Frito's Corn Chips and selected Frito Lay products.

Bring these to school and put them in the container in the collection box in the front lobby by the auditorium.

The Lab School Music Department (NK-12) will be able to purchase musical supplies and instruments with these points; everything from sheet music, software and music stands to recorders, flutes and violins!

The Pepsi program runs through the end of February 2001.

### **PTP/ PAC Meetings**

The next PTP (Parents and Teachers in Partnership) meeting will be held Tuesday, February, 6 in the PLS library at 6:00 p.m. Please feel free to attend. PAC (Parent Advisory Committee) meets at 7:00 p.m., following PTP. We welcome your participation in either or both of these meetings. We love to see new faces, and have your input. We will be holding elections for PTP officers/ and PAC members in April. Please consider if you would like to fill one of these roles.

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# February Newsletter

## Scholarship Information

Scholarships	Due
Sturgis Falls	February 9, 2001
American Business Women's Association Cedar Chapter Scholarship	February 15, 2001
Iowa Federation of Women's Club Scholarship	February 15, 2001
UNI Hugh F. Seabury Scholarship	March 1, 2001
Iowa Farm Bureau Federation Scholarship	March 1, 2001
Black Hawk Soil and Water Conservation District	March 1, 2001
Kenneth G. Meyerhoff Scholarship	March 2, 2001
Hawkeye UNISERV Memorial Scholarship	March 9, 2001
Florence Warnock Scholarship	March 9, 2001
Cedar Valley Graphic Arts Association	March 15, 2001
Iowa Federation of Labor, AFL-CIO Scholarship	March 25, 2001

## February - Black History Month

-Willie Barney

The celebration of Black History Month during February is a great opportunity for us to acknowledge the significance of African/American accomplishments and experiences. While we recognize that one month out of the year is not enough to truly acknowledge the contributions or experiences of any group of people.

We want to let you know about some of the opportunities that are currently scheduled for the high school.

To honor the Reverend Martin Luther King Jr. and to kick off Black History Month, we invited Representative Wayne Ford to address our students on Jan. 26, 2001 as a part of our Second Annual celebration. Representative Ford's experiences as the only minority Representative in the Iowa Legislature, as the founder of the Brown and Black Coalition Presidential Forum (the only minority presidential forum in America), as the creator of Urban Dreams, a United Way Agency which was profiled nationally on "Good Morning America" will definitely provide our students with a great learning opportunity. Furthermore, because Iowa's rate of incarceration of minority males is second highest nationally behind Washington, D.C., Representative Ford has been appointed by Governor Tom Vilsack to co-chair a commission to study Iowa's rate, report its findings, and make recommendations for actions to be taken to alleviate the situation.

In addition, our students will have the opportunity to sign up for the Thirteenth Annual "Young Blacks on the Move" program on Thursday, February 22. During this program, students will have the opportunity to listen to and talk with individuals from the business, law, education, broadcasting, news media, and from the religious and service communities. Students from various races, educational, and socioeconomic backgrounds are being invited to attend. This program is designed to educate and encourage the students to strive towards excellence.

Other activities are to be announced to the students and we will provide students with opportunities to participate in sponsored events through the University of Northern Iowa and Hawkeye Tech as we become aware of them.

There are a lot of people affiliated with PLS that work hard to promote diversity and we are always looking for ways to better reach our students. I encourage members of the Price Lab community to contact me with any ideas to assist the school in better meeting our students' needs.

## Kudos

Congratulations to Dr. Leonard Upham for receiving the Philip Sehmman High School Award for excellence in high school instrumental music education.



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## Taking the Show on the Road

-Lori Smith

Over Christmas Break, Lori Smith, elementary physical education teacher, was informed that she will be a presenter at the Central District Physical Education Conference in February. Physical education teachers from eight other states will be in attendance at this annual event. (WY, CO, ND, SD, KS, MO, NE, & MN) This conference is being held at the Des Moines Marriott from February 8-10, 2001. Mrs. Smith will have her entire third grade class perform on February 10, at 12:45-1:45. Mrs. Guenther and Mrs. Cooney and parent chaperones will take the students on the bus to Des Moines. After the third graders perform activities that provide maximum participation and success for all, integrated activities from math, spelling and reading and a few rhythm routines, they will extend their trip to the Des Moines Botanical Center. Mrs. Smith would like to thank the PTP for their support for t-shirts and fees to fund this educational opportunity.

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## Price Lab Elementary Students To Participate in Service Project

-Lori Smith

This year the elementary students at Price Lab will be participating in Jump Rope for Heart. Our school's participation benefits the American Heart Association's programs of research and education. In fact, since research project funding began in 1949, the American Heart Association has invested more than \$1.7 billion in valuable biomedical research leading to such advances as CPR, by-pass surgery, the heart-lung machine and surgeries to repair heart defects. Cardiovascular disease is the most common cause of death among Americans. The American Heart Association has also developed useful educational programs targeted toward all ages in order to teach them how to combat heart and blood vessel diseases.

Because exercise can help prevent certain diseases such as heart disease, Price Lab Physical Education Department will receive 10% of all the donations to buy equipment for our program. The elementary students will be getting their packets by February 24. Students are asked to get donations from the people they know. Any final amount from \$1.00 or more is acceptable. Jump Rope for Heart does offer some prize incentives to the students who are interested. This is a service project. This is also another way to promote healthy active lifestyles with our students.

A special thanks to the PTP for helping with snacks and drinks for our event. Some important dates to remember:

February 24: Donation packet information given to the students

February 28: Price Lab 4th and 5th Grade students travel to the Dome for the All City Jump. We are the only school representing Cedar Falls in this event.

March 7: Edison Elementary Jump Team will perform for our elementary students at a 2:00 p.m. assembly to show us some fantastic jumps.

March 9: Price Lab students participate in the Jump Rope for Heart event. Times to be announced at a later date. Students will turn their donations into their teachers.

Any questions, contact the event director: Lori Smith, 273-2558 or e-mail, [lori.smith@uni.edu](mailto:lori.smith@uni.edu)

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## Language Arts

-Jolene Tagtow

### 9th Grade Language Arts News

During the month of January, Mrs. Tagtow's 9th graders have been writing essays that they will submit as part of the Cedar Falls Sertoma Club Annual Essay Contest. Students from Peet Junior High and Holmes Junior High are also eligible for this essay contest. The essay topic for this year is, "The Pledge of Allegiance ends 'with liberty and justice for all'. Explain how any person, living or dead, exemplifies that pledge." The length of the essay is to be between 200 and 300 words.

Awards will be given to the top three essays as follows: first place, \$200 savings bond; second place, \$100 savings bond; and third place, \$75 savings bond. Entries must be submitted by January 31. The criteria for judging is based on creativity, originality, and expression. The award winners will be honored at a Sertoma Club meeting and the top award winner will be invited to read his or her essay.



## Speech Contest

NUHS to host  
State Individual Events Speech Contest

### Volunteers Needed!

We know that many of you will be away during spring break, but if you are coming home early or staying close to home, would you consider spending at least part of a day with us?

Saturday, March 17, 2001 is the date of the State Individual Events Speech Contest. We are going to need parent/adult volunteers to serve in a variety of capacities such as: room chairpersons, timers, judge's lunch hosts, and coach's lounge hosts. If you could spare even two-three hours on contest day, it would be appreciated greatly. Our contest day will begin around 7:00 a.m. and hopefully conclude by 6:00 p.m.

If you are willing and able to help, please print and fill out the form below and mail it to:  
Jolene Tagtow, PLS 223, 1901 Campus Street, Cedar Falls, IA 50613 OR phone: 273-2594 or 273-6047 OR email: [jolene.tagtow@uni.edu](mailto:jolene.tagtow@uni.edu)

Name:

Address:

Phone:

### Theatre

-Jolene Tagtow

Please join the NUHS Theatre Department as they present the Moss Hart and George S. Kaufman comedy, *You Can't Take It With You* on March 2 and 3 at 7:30 p.m. in Butzier Auditorium of Malcolm Price Laboratory School.

This lively, and often outrageous, show takes place in the home of Martin Vanderhof in New York City circa 1938. At first the members of his household seem to have gone mad, but it doesn't take long to realize that if they are, then it is the rest of the world that is madder still. Everything from love to taxes is fair game in the home of Martin (Grandpa) Vanderhof. Tickets will go on sale the week of February 19 in the Language Arts office (273-6047) and will also be available at the door. Make plans now to join the cast and crew for an evening of laughter.

#### Cast:

Penny Sycamore—Emily C., Boris Koenkhov—Erik S.  
Essie Carmichael—Liz S., Miss Wellington—Kate H.,  
Rheba—Lastascia G., Mr. Kirby—Christopher H.  
Paul Sycamore—Steve S., Mrs. Kirby—Abby K.,  
Mr. De Pinna—Ian C., J Men—Alex H.  
Ed Carmichael—John P., J Men—Jeff Z.,  
Donald—Reggie W., J Men—Cam P.,  
Martin Vanderhof—Lewis C., Olga Katrina—Sami R.,  
Alice Sycamore—Emily H., Stage Manager—Amelia B.,  
Mr. Henderson—Rob W., Stage Manager—Jenn G.,  
Tony Kirby—Brian P., Properties Manager—Tina B.,



## Bon Voyage

-Lowell Hoeft

On Thursday, March 8, 18 Northern University High School French III students will be leaving for the annual two week trip to France. Those students participating this year are Peter B., Jason B., David B., Emily C., Travis C., Ashley D., Hayley H., Christopher H., Katie J., John K., Bailey L., Katy L., Sean R., Evan S., Steve S., Lindsay S., Christopher V. and Jeffrey Z.

In addition to the family stay in Bussy Saint Georges, a Paris suburb, the students and their chaperon, Mr. Hoeft, will be visiting three cities outside the Paris metropolitan area. The tentative schedule includes the city of Blois in the Loire River Valley, where its famous castle will be the highlight of the visit. A second trip to a city in the Alps will offer students a spectacular view of this mountainous region. And finally, a day will be spent in Lyon, France's second largest city on the Rhône River. Students will use a France Railpass and travel on the rapid French rail system.

As the time approaches, students will begin communication by e-mail or letter with their French families. Besides visiting the center of Paris, Eurodisney Park, and other local sights with their families, each student will attend Martin Luther King High School in Bussy Saint Georges with their correspondants.

When asked how she felt about traveling to France, Katie J. said, "I am extremely excited, but I'm also nervous. I will be forced to use my language skills at all times in my family."

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# February Newsletter

## NUHS VOCAL STUDENTS SELECTED FOR AREA HONOR CHOIRS

-Linda Sharp

Several NUHS students have been named to area honor choirs. Students named to the Meistersinger Vocal Festival held at Wartburg College, Waverly, Iowa January 20-21 are:

**Soprano;** Emily C. and Jennifer G.

**Alto;** Aubrey H. and Mary W.

**Tenor;** DanYul J. and Nate O.

**Bass;** Christopher H. and John P.

The 2-day clinic under the direction of Dr. Paul Torkelson was capped with a festival concert on Sunday afternoon. Six NUHS students were selected for the UNI Vocal Arts Festival, this year held at the new GBPAC February 25-26. NU participants include:

**Soprano;** Emily P.

**Alto;** Jade M. and Amanda M.

**Tenor;** Evan S.

**Bass;** Lewis C. and Steve S.

The 2-day clinic will also conclude with a festival concert at 7:00. Congratulations to these students for achieving this honor.

## FEBRUARY CONCERTS

-Linda Sharp

The NUHS Music Department announces the following performances in February:

February 1, 7:30 p.m. MS-HS Vocal Music Concert - Auditorium 7:00 p.m.  
HS Immigration projects on display with performances in the lobby and music hallway.

February 3-4 Wartburg Meistersinger Band Festival

February 4-5 Luther Dorian Orchestra Festival at Decorah

February 4-5 University of Iowa Honor Choir in Iowa City

February 7 Cedar Valley MS/JH Band Fest in the auditorium

February 9-10 UNI Northern Iowa Band Festival

February 15 7:30 p.m. MS/HS Orchestra Concert ~~cancelled~~

February 16 7:30 p.m. Jazz Band/NU Singers Concert ~~cancelled~~

February 17-18 University of Iowa Band Festival in Iowa City

February 25-26 UNI Vocal Arts Festival

Feb. 22 <sup>MS/HS</sup> orchestra <sup>concert</sup> has been  
changed to Monday, March 5.



## Elementary Music Concert



-Michelle Swanson

The primary elementary students are excited to share some music! The students in N/K, Unit II and 3rd grade will be sharing a concert on Thursday, March 8 at 10:15 a.m. in the auditorium. The theme for this year's concert is American Folk Songs. Please join the primary students as they proudly share their beautiful voices!

## NU Band Students Chosen for Honor Bands

-Leonard Upham

Nine NU Middle School students were chosen for the Marion Middle School Honor Band Festival in Marion, Iowa, on January 20. Students included 8th graders Ben B., Catie W., and Blake H.; 7th graders Michaela G., Andrew M., and Patrick S.; and 6th graders Brad B., Drew S., and Andy T.

Four NU High School students were chosen for the Wartburg Meistersinger Honor Band Festival held February 3 and 4 on the Wartburg campus. Students included Lynden D., Erin G.r., and Ben O.

## The PEP ACT Passes in Congress!!!!

-Lori Smith

Last spring the Iowa Association for Health, Physical Education, Recreation and Dance organization went on a letter writing and lobbying campaign to help pass the Physical Education for Progress (PEP) Act. Lori Smith got several signatures from teachers and staff members from the Lab School to help support the PEP Act. Mrs. Smith also spent a day at the State Capitol in February to talk to legislators about physical education issues, the PEP Act and our crisis with our nation's health issues especially our youth. Soon after the letter writing campaign, Senator Harkin joined many other legislators across the nation to support the PEP Act. In May, the American Association for Health, Physical Education, Recreation and Dance organization sent a representative from all 50 states to lobby in Washington DC. In December of 2000, congress passed the PEP Act!

Thanks to many people, the PEP Act is now an authorized program of the Title X of the Elementary and Secondary Education Act. Under the PEP program, the Secretary of Education is authorized to award grants to help initiate, expand and improve physical education programs for kindergarten through grade 12 students. Funds can be used to purchase equipment, develop curriculum, hire and/or train physical education staff, and support other initiatives designed to enable students to participate in physical education activities! The bill authorized \$400 million over the next five years for the PEP program!

Price Laboratory School supports healthy active lifestyles and we are still the only school in the State of Iowa that offers physical education to our students K-12! We truly care about the health of our youth! Thank you administrators, faculty, staff and students for your support!

Lori Smith

Source: NASPE News (The National Association for Sport and Physical Education) Issue No. 55 Winter 2001, p. 7.



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## Wellness Classes Are Up and Running at Price Lab

-Lori Smith

Lori Smith and Jane Toerner from UNI are teaming up to help Price Lab faculty engage in healthy active lifestyles! We are setting up the classes to help our faculty with individual fitness programs, we are looking for a way to get our faculty and staff together for some fun, and we are collaborating with the University! Starting Wednesday, January 24 at 8:00 pm, Jane Toerner and her college students will facilitate aerobic/circuit weight training classes at Price Lab. Classes will run on Wednesday evenings from 8:00 pm to 9:00 and Thursday mornings from 6:00 am to 7:00 am, free of charge. Just show-up and have fun!!!! As the semester progresses, we may offer other times! Our theme is "Taking care of ourselves so we can take care of others!" In addition to these classes, Dave Smith is opening the field house on Wednesday and Sunday evenings for some fun basketball. Come join the excitement and have some fun! For more information: Call Lori Smith at 273-2558 or email Lori at [lori.smith@uni.edu](mailto:lori.smith@uni.edu)

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## February PLS Lunch Menu

### February 1 - 2

Monday	Tuesday	Wednesday	Thursday	Friday
			Soft Shell Chicken Taco & Lettuce & Tomato	Pepperoni Pizza
			Italian Sub	Hot Dog
			Spanish Rice	Green Beans
			Wheat Bread & Margarine	Tater tots
			Cooked Carrots	Bread Stick
			Canned Pears	Grapes
			Seasonal Fresh Fruit	Apple Juice
			Rice Krispie Bar	Birthday Cake
			Additional Secondary Choices	Additional Secondary Choices
			Double Hard Shell Tacos	Fish Sandwich
			Roast Beef Sub	Taco Wrap

### February 5 - 9

Monday	Tuesday	Wednesday	Thursday	Friday
Sloppy Joe or	Spaghetti & Garlic Bread	Chicken Nuggets	Waffles & Sausage	Italian Dunkers
Hamburger	PBJ Sandwich (V)	Hot Ham & cheese	American Sub	Hot dog
Potato Wedges	Tossed salad	Mashed Potatoes & Gravy	Orange juice	Crackers
Corn	Roll & Margarine	Mixed vegetables	Tater Tots	Carrot Sticks & Dip
Peaches	Carrot Coins	White Bread & Margarine	Grapes	Wheat Bread & Margarine
Grape Juice	Banana	Pineapple	Graham Crackers	Seasonal Fresh Fruit
Muffin	Pears	Applesauce	Green Beans	Fruit Crisp
Peanut Butter Cookie	Ice Cream	Oatmeal Cookie	Chocolate Pudding	Peas
Additional Secondary Choices	Additional Secondary Choices	Additional Secondary Choices	Additional Secondary Choices	Additional Secondary Choices
Chef Salad	Turkey & Cheese Sub	Garden Burger (V)	Pizza Supreme	Chicken Fajita
Grilled Cheese & Tomato Soup	Pepperoni Pizza	Bacon Cheeseburger	Pasta & Sauce	Cheeseburger

### February 12 - 16

Monday	Tuesday	Wednesday	Thursday	Friday
Pancake on a Stick	Soul Food Day	Valentine's Day	Cheese Nachos (V)	Beef & Cheese Burrito
Hamburger	BBQ Pork Sandwich	Soft Shell Tacos & Lettuce & Tomato	American Sub	Hot dog
Tater tots	PBJ Sandwich	Hot Ham & Cheese	Veggies & Dip	Orange Smiles
Fresh Broccoli & Dip	Green Beans	Corn	Spanish Rice	Grape Juice
Applesauce	Power Jell-O	Baked Fries	Lettuce Salad	Chocolate Cookie
Cauliflower & cheese sauce	Sweet Potatoes	Apple Juice	Roll & Margarine	Green Beans
Coffee cake	Corn Bread	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Peaches
Fruit Pie	Macaroni & Cheese	Valentine Cookie	Pears	Graham Crackers
	Peaches	Crackers		
Additional Secondary Choices			Additional Secondary Choices	Additional Secondary Choices
Ham & Cheese Sub	Additional Secondary Choices	Additional Secondary Choices	Rib Sandwich	Tuna Salad Sandwich
Vegetarian Pizza	Macaroni & Cheese	Cheese Pizza	Salad Bar (V)	French Bread Pizza
	Chicken Sandwich w/Hot Sauce	Ham Wrap		



**February 19 - 23**

Monday	Tuesday	Wednesday	Thursday	Friday
Chili Cheese Dog	Eggs & Ham	Italian Dunkers	Chicken Nuggets	Cheese Pizza
Hot Dog	PBJ Sandwich (V)	Hot Ham & cheese	American Sub	Hot dog
French Cocktail	Tater Tots	Baked Fries	Roll & Margarine	Corn
Grapes	Cucumber slices	Fresh Veggie Relishes	White Bread & Margarine	baked Fries
Peas	Pears	Pineapple	Seasonal Fresh fruit	Tossed Salad
Carrot Sticks & Dip	Orange Juice	Vanilla Pudding	Quick baked Potato	Apple Wedges
Crackers	Bread Sticks	Seasonal Fruit	Green Beans	Roll & Margarine
Chocolate Chip Cookie	Coffee cake	Muffin	Bear Grahams	Fruit Crisp
Additional Secondary Choices	Additional Secondary Choices	Additional Secondary Choices	Additional Secondary Choices	Additional Secondary Choices
Taco Salad	Hawaiian Pizza	Chicken Salad Sandwich	Taco Wrap	Nachos Supreme
Turkey Wrap	Cheeseburgers	Bean & Cheese Tostada (V)	Baked Potato & Toppers	Turkey & Cheese Sub

**February 26 - 28**

Monday	Tuesday	Wednesday	Thursday	Friday
Hamburger	French Toast & Turkey Ham	Hard Shell Taco & Lettuce &		
Corn Dog	PBJ Sandwich	Tomato		
Tater Tots	Green Beans	Hot Ham & Cheese		
Broccoli with cheese sauce	Tri Tater	Corn		
Banana	Orange Juice	Veggie Relishes		
Pineapple	Mixed Fruit	Applesauce		
Wheat Bread	Bagellette	Seasonal Fresh Fruit		
Chocolate Cookie	Cinnamon Roll	Peanut Butter Brownie		
Additional Secondary Choices	Additional Secondary Choices	Spanish Rice		
Pepperoni Pizza	Cheeseburger	Additional Secondary Choices		
Cheese Nachos (v)	Salami & Cheese Sub	Fish Sandwich		
		Steak & Cheese Sandwich		

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